

Iwate Kamaishi Tourism Guide



Steel, Fish, and Rugby



Have fun in Kamaishi



Sanriku Fukko (reconstruction) National Park
Sanriku Geopark

Kamaishi City, Iwate Prefecture

 [Visit Kamaishi](#) [Search](#)

Try Kamaishi!

Kamaishi is a beautiful city of steel, fish, and rugby located in the Sanriku region of Iwate Prefecture. Iron, which has been forged in Kamaishi since the time of the traditional Tataru furnaces, becomes stronger the more it is hammered. In the same way, the city's strength and spirit continues to shine through despite the countless natural disasters it has faced. A city that lives in harmony with the sea and loves rugby, Kamaishi is filled with a lively and tenacious spirit. From the UNESCO World Heritage listed Kamaishi Mine, to the number of cute cafes around town, many new attractions continue to pop up every day. Have fun in Kamaishi and recharge your body and soul!



Try! Kamaishi

Iwate Kamaishi Tourism Guide

CONTENTS

- p.3 Try! Kamaishi Nature**
Feel the sea breeze and forest healing your body and soul
- p.5 Try! Kamaishi City of Steel**
1-night 2-day trip in Kamaishi, the city of steel
- p.9 Try! Kamaishi City of Rugby**
The Rugby World Cup is coming to Kamaishi in 2019!
- p.10 Try! Kamaishi Festivals and traditional performing arts**
Connecting tradition and creating tradition. Kamaishi festivals
- p.11 Try! Kamaishi Dining**
Delicious Kamaishi
- Try! Kamaishi Souvenirs**
Memories of Kamaishi
- p.13 Try! Kamaishi Map of the Kamaishi Area**
Accommodation Guide to the surrounding area for visitors arriving by car



TRY! Fall in love with the beautiful sea!!
▶ p.3 Nebama Beach

Spend an exciting day at the beach and in the mountains!



TRY! Be amazed and inspired by the traditional festivals.
▶ p.10 Kamaishi Festival



TRY! Take photos at a World Heritage Site nestled deep in the mountains.
▶ p.8 Hashino Iron Mining and Smelting Site



TRY! Experience the bounty of nature by trying your hand at fishing!
▶ p.3 Fishing Experience



TRY! Step into the world of "Night on the Galactic Railroad" on the SL Ginga Train!
▶ p.5 SL Ginga Train



TRY! Admire the bold colors of the autumn leaves.
▶ p.4 Sennin-Toge Mountain Pass

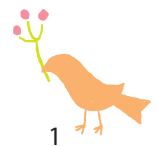


TRY! Discover new favorites at the direct-from-the-farm market.
▶ p.5 Michi-no-Eki Kamaishi Sennin-toge ▶ p.11 Dining and Souvenirs

Go out in the city and smile!



TRY! Taste great food from Kamaishi's dining scene!
▶ p.5 Area around Kamaishi Station ▶ p.11 Dining and souvenirs





Ohakozaki MAP F-2
御箱崎

Enjoy the beautiful and breathtaking coastline, which features sites such as the vast Senjojiki rock formation. Visitors can enjoy trekking through the forest along the Tohoku nature trail "Sanriku Rias Coast Hakozaki Peninsula Trail (Michinoku Coastal Trail)" which leads to Ohakozaki.

Directions: Approximately 40 minutes by car from Kamaishi Station to the Osawa Ruins parking lot, and approximately 50 minutes walk from the Osawa Ruins parking lot.

<http://www.safekeeping.jp/kamaishi/e02.html>

There is a danger of big waves on the way to Ohakozaki. Please visit in groups of at least two people.



Mt. Goyo (Iwate Prefectural Nature Park) MAP B-5
五葉山

Mt. Goyo has an altitude of 1,351 m and overlooks grand views of the Sanriku coast. Mt. Goyo is famous for its beautiful azalea and rhododendron flowers. The mountain peak is home to a hinoki cypress old-growth forest.

Directions: Approximately 50 minutes by car from Kamaishi Station to Akasaka Mountain Pass Entrance. Approximately 50 minutes walk from Goyo Onsen bus stop to Akasaka Mountain Pass Entrance.

Try!
Kamaishi
Nature

Feel the sea breeze and forest healing your body and soul.

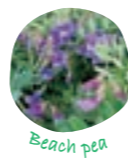
Kamaishi city is blessed with a bounty of nature and abundant resources, including the Sanriku rias coast. Whether your trip involves walking along the coast, visiting temples and shrines to feel the area's history, learning at World Heritage Sites, or enjoying fresh seafood, your visit to Kamaishi is sure to be a memorable trip and will leave your body and spirit feeling refreshed.



Nebama Beach 根浜海岸 MAP E-2

This beach features a stretch of white sand and rows of pine trees, and is 2 km long from north to south. Although the beach sustained damage during the Tohoku earthquake and tsunami, you can still see beautiful views of the calm waves over the shallow shoals and the morning sun rising over Otsuchi Bay.

Directions: Approximately 15 minutes by car from Kamaishi Station



Beach pea



Sennin-Toge Mountain Pass
仙人峠 MAP B-3

This spot is famous for its stunning views of the new green leaves in the spring and red leaves in the autumn. The pass has an altitude of 887 m, and is the source of the famous Sennin Hisui mineral water.

Directions: Approximately 3 minutes by car from the Rikuchu-Ohashi Station.

<http://www.safekeeping.jp/kamaishi/e03.html>



Toni-cho Hongo Cherry Blossoms
唐丹町本郷桜並木 MAP D-5

The Toni-cho Hongo cherry trees were planted to wish for the fast recovery of Toni village, which sustained tsunami damage during the 1933 Sanriku earthquake. A Daimyo procession is reenacted at the Shikinen Festival of the Amaterasumiyoa Shrine once every three years. It will be held next in 2018.

Directions: Approximately 15 minutes by car from Kamaishi Station.

Walk and look at your own pace

Feel the wind, the blessings of nature, and the daily lives of the people as you walk... Spend quality time when you visit Kamaishi. Enjoy the charm of the city and create fun memories of your own.



Rhododendron

Try out sports while surrounded by nature in Kamaishi!

Experience Kamaishi's nature, industry, and history all at once!

Kamaishi Experience Program

Several programs are available in Kamaishi where visitors can experience different occupations and enjoy culture. Enjoy trying out new experiences.

Experiences

- Agriculture
- Fishing
- Trekking
- Sea kayaking
- Forestry
- Horse riding



Local guides introduce visitors to Kamaishi's nature and UNESCO World Heritage Sites, and share their memories of the Tohoku earthquake and tsunami.



Kamaishi Guided Tours
• Sightseeing locations
• UNESCO World Heritage Sites • Geology
• Learning about natural disasters
• Disaster preparedness

Kamaishi Tourism Volunteer Guide Association
Yume-Fureai Group

Kamaishi residents will guide visitors around the World Heritage Hashino Iron Mining and Smelting Site and educate visitors about the Tohoku earthquake and disaster preparedness.



Markers indicating the water levels the tsunami reached are scattered throughout the city

Kamaishi Tourism Volunteer Guide Association, Yume-Fureai Group
Inquiries: Kamaishi Tourism and Products Association [English](http://www.kamaishi-kankou.sakura.ne.jp/wp/local-tour/)
Tel: 0193-22-5835 (reservations must be made up to 8 days in advance)
<http://kamaishi-kankou.sakura.ne.jp/wp/local-tour/>



みちのく潮風トレイル
Michinoku Coastal Trail

The Michinoku Coastal Trail is a 700 km long walking trail along the Tohoku coastline. The Kamaishi section offers visitors the opportunity to experience the nature and history of Kamaishi while exploring the coastline with views of Sanganjima Island and the Pacific Ocean, the Sanriku Hamakaido Path, and the Iron and Steel History Museum.

Sanriku Geopark
三陸ジオパーク

This geopark is a certified geosite with many interesting sights, such as locations where fossils were discovered, mines harnessing subterranean resources, and traces of tsunami damage. Learn about the history of geologic activity and experience the culture of a community living in coexistence with nature. (Kamaishi geosites: Kamaishi Mine, Hashino Iron Mining and Smelting Site, Nebama/Unosumai)



Recommended for visitors who are interested in physical activities.



Kamaishi Hamayuri International Triathlon Race
(beginning of September)
釜石はまゆりトライアスロン国際大会 Nebama Beach



Kamaishi Sennin-Toge Mountain Pass Marathon Race
(end of October)
かまいし仙人峠マラソン大会 Sennin-Toge Mountain Pass

Try!
Kamaishi
City of Steel

1-night
2-day trip

Journey through Kamaishi, the City of Steel

Learn about history at the UNESCO World Heritage Site and enjoy fresh seafood from the market.

A day trip is too short to see everything Kamaishi has to offer!
Try out our recommended 1-night 2-day plan.



A statue of Takato Oshima, known as "the father of the modern steel industry", stands in front of the station.

Day 1

Required time (approximate)

- 1 Kamaishi Station**
- 2 Area Surrounding Station**
↓ 10 minutes by car
- 3 Iron and Steel History Museum**
↓ 2 minutes by car
- 4 Kamaishi Daikannon**
↓ 10 minutes by car
- 5 Kamaishi Station**



1 Kamaishi Station

MAP D-3

The train from Shin-Hanamaki takes about 2 hours to arrive at Kamaishi! First, stop by the Kamaishi Tourist Information Center at the station.



"We're going to the World Heritage Site tomorrow!"

Upgrade your trip on the SL Ginga

The SL Ginga is a steam locomotive that was designed to recreate the atmosphere of the novel "Night on the Galactic Railroad" by Kenji Miyazawa, a famous author of children's literature from Iwate. The SL Ginga operates between Hanamaki and Kamaishi (JR Kamaishi Line). Kamaishi is the third city in Japan to have a railway. The railway was built in 1880 (Meiji 13) in order to transport ore to the steelworks.

* The train operates mainly on weekends, except for during the winter. Please check season, days and hours of operation in advance.



3 Iron and Steel History Museum

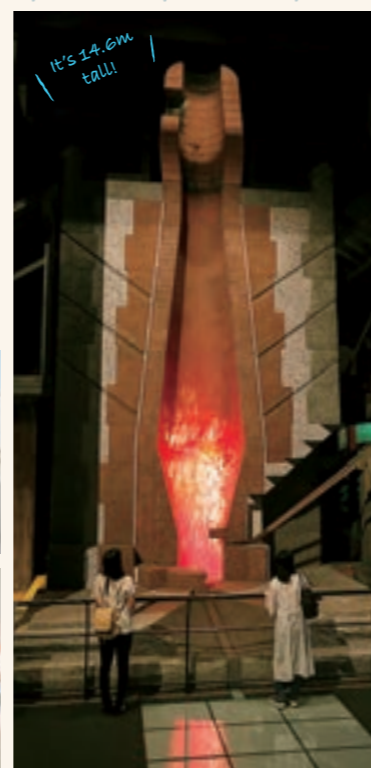
MAP E-4

Metal casting experience
(approximately 30 minutes) [Reservations required]

Experience metal casting (reservations required) at the Iron and Steel History Museum, where visitors can learn about the history of the steel industry and steel manufacturing in Kamaishi. Participants will experience pouring metal into a mould made from hardened sand, and make their very own keychain. Have fun while learning about the history of steel.

Tel: 0193-24-2211 Address: 3-12-7 Odaira-cho, Kamaishi
Hours: 9:00 a.m. - 5:00 p.m. (admission until 4:00 p.m.)
Closed: Tuesdays, December 29 - January 3
Transportation: Approximately 10 minutes by car from Kamaishi Station
<http://www.city.kamaishi.iwate.jp/>

YouTube <http://www.safekeeping.jp/kamaishi/e05.html>



A life-size replica of the third blast furnace.



2 Area Surrounding Kamaishi Station

MAP D-3

First, head over to Sun Fish Kamaishi (p.12) to enjoy some delicious food. Purchase fresh seafood from the market on the 1st floor, and then head up to the 2nd floor for a fresh seafood lunch!



YouTube Please watch the video on the YouTube app.

Go on an excursion



The light soy sauce flavor and rich cream are addictive!

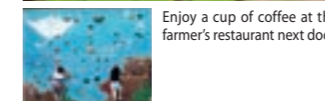


1 Michi-no-Eki Kamaishi Sennin-toge

MAP C-4

Michi-no-Eki Kamaishi Sennin-toge is a convenient stop where visitors can enjoy quick meals such as Kamaishi ramen and purchase local souvenirs and agricultural products. Don't miss tasting the Fujiyu soy sauce soft-serve ice cream, a favorite among the locals!

For information on Michi-no-Eki Kamaishi Sennin-toge, please see p.12



Enjoy a cup of coffee at the farmer's restaurant next door.

2 Cosmos Park

MAP C-4

Cosmos Park was constructed by a local couple and a group of sympathetic volunteers to cheer up the local children who lost their playgrounds in the aftermath of the Tohoku Earthquake and Tsunami.

Tel: 0193-27-3366 (Sosaku-noka Cosmos)
Address: 5-72 Kasshi-cho, Kamaishi
Transportation: Approximately 20 minutes by car from Kamaishi Station
<http://www.sousakunoukacosmos.net/facilities.html>



3 Former Kamaishi Mine Office

MAP B-3

The Former Kamaishi Mine Office introduces visitors to the Kamaishi Mine, which is the largest iron mine in Japan, as well as one of the only few copper mines in Japan. The mine office is a National Registered Tangible Cultural Property. Visitors can learn about the history of Kamaishi, the City of Iron, through exhibits featuring ore dug up from the mine and other displays.

Tel: 0193-55-5521
Address: 1-90-2 Kasshi-cho, Kamaishi
Hours: 9:30 a.m. - 4:30 p.m. (admission until 4:00 p.m.)
Closed: Tuesdays, Wednesdays, December 9 - March 31 (winter season)
Transportation: Approximately 30 minutes by car from Kamaishi Station
<http://www.city.kamaishi.iwate.jp/>



The mine office is filled with old telephones and office equipment.



The iron ore contains other minerals, such as garnet, and is very beautiful!

4 Kamaishi Daikannon

MAP E-4

The Kamaishi Daikannon is an enormous white kannon statue overlooking Kamaishi Bay. Visitors can go up to the "fish-basket" observation deck built on top of the fish held by the kannon on 11th-12th floor. Enjoy the gorgeous views of the rias coast of Sanriku Fukko (reconstruction) National Park and a panorama of the Pacific Ocean from 120 m above sea level.

Tel: 0193-24-2125 Address: 3-9-1 Odaira-cho, Kamaishi
Hours: 9:00 a.m. - 5:00 p.m. (varies depending on the season)
Closed: December 29 - 31
Transportation: Approximately 10 minutes by car from Kamaishi Station
<http://kamaishi-daikannon.com>

YouTube <http://www.safekeeping.jp/kamaishi/e04.html>



The Daikannon is only a short 6 minute walk from the Iron and Steel History Museum.

The magnet sticks to the rock!



Metal casting experience.



The Daikannon is a good location for marriage proposals, and is known as a Lovers' Sanctuary.



Increase your luck with money by doing Zeniarai (washing money in water)!

Visit the 33 Kannon and the Seven Deities of Good Fortune inside the Daikannon.



5 Kamaishi Station

MAP D-3



Hotel

Sounds like fun

TRIP Kamaishi at Night

Look out for this sign!!



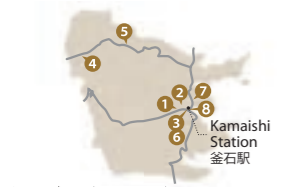
Kamaishi Restaurant and Bar Hub Kamariba

MAP D-3 (Enlarged map available)

Nonbei Yokocho was a famous destination in Kamaishi, but the area was destroyed during the tsunami. Kamariba was built to continue the traditions of this famous restaurant and bar street, which used to be a favorite spot for locals to gather. The name "Kamariba" comes from a combination of the words "Kamaru", which means "coming to Kamaishi", and "Katariba" and "Tamariba", which both refer to places people gather.



Day 2



Required time (approximate)

- 1 Kamaishi Local History Museum
↓ 1 minute walk
- 2 Rugby Café Kamaishi
↓ 1 minute walk
- 3 Kamaishi Station
↓ 60 minutes by car
- 4 Hashino Iron Mining and Smelting Site
Hashino Iron Mining and Smelting Site Information Center
↓ 5 minutes by car
- 5 Hashino Donguri Square
↓ 50 minutes by car
- 6 Kamaishi Station
↓ 15 minutes walk
- 7 Miffy Café Kamaishi
↓ 15 minutes walk
- 8 Station Square
↓ 15 minutes walk



1 Kamaishi Local History Museum 釜石市郷土資料館

MAP D-3 (Enlarged map available)

Start off Day 2 with a visit to the Kamaishi Local History Museum to learn about the history of Kamaishi. The collection consists almost entirely of donations from city residents.

Tel: 0193-22-2046 Address: 15-2 Suzuko-cho, Kamaishi Hours: 9:30 a.m. - 4:30 p.m.
Closed: Tuesdays, December 28 - January 4 Transportation: Approximately 3 minutes walk from Kamaishi Station <http://www.city.kamaishi.iwate.jp/mobile/kyoudo/>
*The museum will be closed for renovations from October 2017 to March 2018.

2 Rugby Café Kamaishi ラグビーカフェ釜石

MAP D-3 (Enlarged map available)

A fun area to relax while you learn about Kamaishi Rugby's past and future. Look for souvenirs at Sea Plaza 1st floor (p.12) on the way to the bus stop.

Tel: 0193-27-8420 Address: Sea Plaza Kamaishi 2nd floor (floor on the west side), 22-1 Suzuko-cho, Kamaishi Hours: 10:00 a.m. - 5:00 p.m.
Closed: 1st, 3rd, and 5th Tuesday of the month Transportation: 1 minute walk from Kamaishi Station <http://www.rwc2019-cafe.com/>

3 Kamaishi Station 釜石駅

Directions to the Hashino Iron Mining and Smelting Site

Reservations required

The Hashino Iron Mining and Smelting Site can be accessed via a direct shuttle bus that makes a round-trip between Kamaishi Station and the Hashino Iron Mining and Smelting Site. The bus runs once a day on weekends and public holidays from April 29 to December 8. Please inquire about days of operation and reservations.
Contact: Iwate Travel Agency Tel: 0193-31-1300



4 UNESCO World Heritage Site Hashino Iron Mining and Smelting Site 橋野鉄鉱山

MAP A-2

The Hashino Iron Mining and Smelting Site is home to the oldest remaining western-style blast furnace remains in Japan, as well as other remains that tell the story of the modern industrial revolution in Japan. Experienced local guides lead fun and educational tours in Japanese.

YouTube <http://www.safekeeping.jp/kamaishi/e06.html>

Take the audio tour for an in-depth look at the Hashino Iron Mining and Smelting Site



5 Hashino Donguri Square 橋野どんぐり広場

MAP C-2

Stop by Hashino Donguri Square (p.12) on the way back to take a break and do some shopping.



6 Kamaishi Station 釜石駅

Go for a stroll downtown.



8 Station Square 駅前広場

MAP D-3 (Enlarged map available)

The steelworks in front of the station is a famous symbol of Kamaishi. Although the blast furnace operations were suspended in 1989, the blast furnace flame continues to burn inside the steel monument located in the station square. Say goodbye to the statue of Takato Oshima, the father of the modern steel industry in Japan, as you take a moment to reflect on the long history of the city of Kamaishi. Our journey ends here, in front of the Kamaishi Recovery Bell, to which we entrust our prayers for recovery.



The Steel Monument was constructed to celebrate the 150th anniversary of the commissioning of the first western-style blast furnace in Japan.



7 Miffy Café Kamaishi ミッフィーカフェかまishi

MAP D-3 (Enlarged map available)

English

This café is the only permanent Miffy café in Japan. You'll find Miffy in many places all over the café, from the walls to the interior decoration, and even on the menu! Original Miffy items are available for purchase at the Kamaishi Information & Community Center reception.

Tel: 0193-55-6707 *Availability of menu items varies depending on the day of the week and time of day. Address: Kamaishi Information & Community Center, 1-1-10 Omachi, Kamaishi Hours: 11:00 a.m. - 9:00 p.m. (Last order: 8:00 p.m.) *Reservations are required for weekday dinners. Days of operation are subject to change. Closed: Wednesdays and 3rd Thursday of the month Transportation: 15 minute walk from Kamaishi Station <http://en-trance.jp/miffy/>



Limited-edition Kamaishi Miffy items available

© Mercis by



Kamaishi Recovery Bell in the station plaza.



Buy souvenirs at Sea Plaza Kamaishi.

Kamaishi Station 釜石駅

See you again, Kamaishi!

Let's come again!

TRY!
UNESCO
World
Heritage Site

A World Heritage Site of Japan's Meiji Industrial Revolution
Iron and Steel, Shipbuilding and Coal Mining

Hashino Iron Mining and Smelting Site

「橋野鉄鉱山」

Kamaishi has been a center of steel manufacturing technology for a long time. The lush mountains of Kamaishi contain high-quality iron ore as well as other resources necessary for manufacturing steel. The knowledge and passion of the Kamaishi steelworkers have contributed to the development of Japan's modern steel industry.



Kamaishi was the first location in Japan to succeed in continuous production of steel using the first western-style blast furnace in Japan in 1858. Kamaishi was a leader in Japan's modern steel industry from the end of the Edo period to the Meiji period and was once home to the largest steel manufacturing center in Japan, employing 1,000 workers and producing around 930 tons of steel every year. The remains of the iron ore mines, transportation roads, and blast furnace sites remain to this day.

These valuable remains were registered as a UNESCO World Heritage Site in 2015 as part of the Sites of Japan's Meiji Industrial Revolution: Iron and Steel, Shipbuilding and Coal Mining.

- 1 3rd blast furnace
- 2 2nd blast furnace (in front) and 1st blast furnace: The Hashino blast furnaces were constructed and operated by Takato Oshima, a feudal retainer from the Morioka domain. These blast furnaces are the oldest remaining western-style blast furnaces in Japan.
- 3 The Hashino Iron Mining and Smelting Site is located in the northwest part of Kamaishi. The site contains an abundance of natural resources required for steel manufacturing, including high-quality iron ore and forests for producing charcoal. The site contains all of the facilities needed for the steel manufacturing process all in one place, including mining, transportation, and smelting sites.
- 4 Ishiwarizakura (Rock-splitting cherry) Mountain Shrine
- 5 Row of Yaesakura (Double cherry) trees



Takato Oshima is known as the father of the modern steel industry.

Souvenirs from the City of Steel

Take home some tasty memories of your trip to the mine.

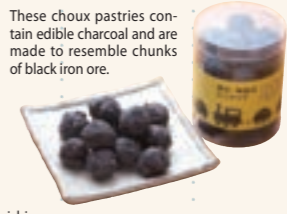
Sennin Hisui 仙人秘水

This natural mineral water is collected from the Kamaishi mine and is non-heat-treated. This water won the ITOQ Superior Taste Award grand prize for five years in a row (as of 2017).



Kamaishi Iron Ore Chouquette 釜石・鉄鉱石シュケット

These choux pastries contain edible charcoal and are made to resemble chunks of black iron ore.



Kamaishi Hashino Iron Mining and Smelting Site Cookies 釜石の橋野鉄鉱山クッキー

These handmade cookies are made to resemble the shapes of the rocks in the Hashino Iron Mining and Smelting Site. The cookies are available in four different flavors.



These products are available at shops including Michi-no-Eki Kamaishi Sennin-toge and Sea Plaza Kamaishi.

Kamaishi Recovery Memorial Stadium (temporary name)
(Expected completion: End of July 2018)



Try! Kamaishi
The City of Rugby

The Rugby World Cup is coming to Kamaishi in 2019!

— Kamaishi is the site of the Rugby World Cup 2019™ —

Kamaishi is a city of rugby. The Nippon Steel Corporation Kamaishi Rugby Team, which was the predecessor of the local rugby team Kamaishi Seawaves RFC, was the first team ever to win seven All-Japan Rugby Football Championships in a row. This legendary team produced many top players, and was the pride of not only local rugby fans but of those all over Japan.

Rugby symbolizes our recovery from the Tohoku Earthquake and Tsunami, and our community's hope for the future.

Schedules for matches and practice are posted on the Kamaishi Seawaves RFC website.

URL <http://www.kamaishi-seawaves.com>

The players in the blue uniforms are from the Kamaishi Seawaves RFC, the Kamaishi rugby team.



The team achieved seven victories in the All-Japan Rugby Football Championship from 1979 to 1985. The Nippon Steel Corporation Kamaishi Rugby players were called the "iron men of the north" because of their unbeatable strength.

Source: Nippon Steel Corporation Kamaishi Rugby Team Memorial Magazine: The Iron Men of the North



Rugby cat statues welcome visitors to the Sanriku Railway Kamaishi Station.

Rugby Café Kamaishi

(Sea Plaza, 2nd floor)
ラグビーカフェ釜石

MAP D-3

Rugby Café Kamaishi is a free rest area that contains lots of information about Kamaishi rugby, including the history of the Nippon Steel Corporation Kamaishi Rugby Team focusing on the period when they were at their peak, and information regarding the passionate club team in Kamaishi.



The café includes a popular area for taking photos of yourself reenacting a rugby try.

The Nippon Steel Corporation Kamaishi Rugby Team's practice scrum machine is displayed at the entrance on the first floor.

Buy some souvenirs for your trip
Kamaishi Rugby Sweets

These sweets are made in the shape of rugby balls.



Kamaishi Rugger Cookies
釜石ラグークッキー

Rugby ball-shaped cookies made using brown sugar, miso, and walnuts, inspired by the miso sauce used for Kamadango, a local Japanese confectionery.



Iron Men of the North Karinto Manju
(fried dough-flavored bun)
北の鉄人 かりんどうまんじゅう

Rugby ball-shaped karinto manju (fried dough-flavored bun). Toast these sweets in a toaster for a crunchy finish.

Karinto: A sweet traditional Japanese confectionery made by deep-frying dough made from flour and covering it with sweet syrup.



Rugger Balls
ラグーボール

Almond-flavored manju (bun) made to resemble rugby balls.



Connecting Tradition and Creating Tradition: Kamaishi Festivals

Festivals build ties between people and local communities, and are the heartbeat of Kamaishi.



October

A grand and majestic autumn festival Kamaishi Festival

釜石まつり

YouTube <http://www.safekeeping.jp/kamaishi/e09.html>



The Kamaishi Festival is held by the Ozaki Shrine, an old shrine in the city, and the Mountain Shrine, which houses the guardian deity of the Kamaishi Steel Works.

On the Saturday, the goshintai (an object of worship containing the spirit of a deity) is carried out from Ozaki Shrine on the Ozaki Peninsula by boat and carried on a parade around Kamaishi Bay. On Sunday, A parade of toramai (tiger dance), kagura music, dashi (festival floats), teodori (traditional dance), and mikoshi (portable shrines) makes its way down the main thoroughfares in the city. Enjoy the thrill of a beach festival combined with the solemnity of a shinto ritual.

August

Passing on the dance for summers to come

Kamaishi Yoisa Festival

釜石よいさ

YouTube <http://www.safekeeping.jp/kamaishi/e08.html>

The Kamaishi Yoisa Summer Festival was created to recapture the energy of Kamaishi that had been lost with the closure of the steel works.

The energetic group dances are a spectacular sight, and visitors are more than welcome to join in. Refresh your body and soul! Experience the energy of summer surrounded by the sound of the pounding drums and flute songs.

Kamaishi Festivals and Events Calendar

End of January	Kamaishi Winter Food Festival
February	National Toramai (Tiger Dance) Festival
End of February	Kamaishi Local Performing Arts Festival
End of April (once every three years)	Toni-cho Sakura Festival
Beginning of May	Hashino Iron Mining and Smelting Site Yaezakura (Double Cherry) Festival
Beginning of August (The event was held for the first time in 2017)	Kamaishi Open Water Swimming
Beginning of August	Kamaishi Yoisa Festival
Autumn	Kamaishi Food Festival
Beginning of September	Kamaishi Hamayuri International Triathlon Race
October 3rd Friday - Sunday	Kamaishi Festival
End of October	Kamaishi Sennin-Toge Mountain Pass Marathon Race



Traditional Kamaishi performing arts

Toramai (Tiger Dance)

虎舞

YouTube <http://www.safekeeping.jp/kamaishi/e10.html>

In the Edo Period, sailors used this popular saying to describe the dangerous nature of their profession: "A single plank above hell". A sailor's greatest wish was always to return home safely. Toramai, or the tiger dance, represents the prayers of the sailors for a safe return, and symbolizes how tigers travel thousands of miles away and walk back home in a single day. The dancers wear bright tiger costumes when they perform. Currently there are 14 dance groups in the city, five of which are intangible folk cultural properties of the city.

Try!
Kamaishi
Dining

Delicious Kamaishi

Information about the delicious and unforgettable food of Kamaishi

Kamaishi ramen is available at 21 restaurants in the city.



Look for this flag!

Kamaishi Ramen

Kamaishi ramen is made using super thin wavy noodles and clear broth. The super thin noodles can be cooked in a short time, making Kamaishi ramen the perfect snack for the people working in the Kamaishi steelworks. Kamaishi ramen is said to be an original form of Japanese fast food.



Oyster

Oyster season lasts from the winter to the spring. The Kamaishi Sakura oyster is a species of oyster that is in season from March to April. These oysters are large, juicy, and delicious.

Kamadango Dumpling

Kamadango is a type of traditionally home-made snack. Kamadango is made by wrapping a gooey ball of black syrup in a chewy piece of dough made from flour. The syrup oozes out when you bite into the Kamadango, so be careful not to let it spill! The Kamadango filling is sometimes made with walnut sugar or sweet miso. Kamadango are also available at direct-from-the-farm markets.



Wakame

Wakame is a type of seaweed that is rich in minerals and fiber. In the spring, wakame is popularly eaten in shabu shabu style dishes, where it changes color the second you dip it in the hot pot. Chewy salted wakame can be added to pickled vegetables, salads, or miso soup, and is a convenient way to eat wakame all year round.



Kasshigaki (persimmons)

Kasshigaki are made by smoking Koedagaki, a type of astringent persimmon grown in the Kashi region, and have a condensed sweetness. Salad dressings and sweets made from Kasshigaki are also available for sale.

These aren't tomatoes! These are Kasshigaki, a type of persimmon fruit from Kamaishi!



Scallops

Kamaishi scallops are bouncy in texture and huge in size. They are usually sliced vertically when eaten raw. Kamaishi scallops are delicious no matter how they're cooked, and go well with both Japanese pub style and western cuisine.

Fujiyu Soy Sauce Softserve Ice Cream

This softserve ice cream contains Fujiyu soy sauce and attracts many repeat customers.



Mekabu (wakame seaweed root)

Mekabu refers to the root of wakame seaweed. Mekabu has a sticky texture and is healthy to eat. Mekabu is often served as Mekabu rice bowls or as small side dishes.



Uni (sea urchin)

Kita-murasakiuni (Northern sea urchin) is a famous species of sea urchin from the Sanriku region! In summer, raw uni is sold in glass bottles. Salted uni and grilled uni are also exquisite. When uni is in season, many restaurants around the city serve raw uni rice bowls. Uni is also great cooked in rice or served on pasta.

One of the best parts about summer in Sanriku!



Try!
Kamaishi
Souvenirs

Kamaishi Memories

A selection of gifts for your friends to go with your travel stories

Kamaishi Ramen (Gold) / Sanriku Iso Ramen (Silver)

Delicious ramen from Kamaishi. The combination of the super thin noodles with the light broth made using locally brewed Fujiyu soy sauce gives consumers a convenient way to enjoy authentic Kamaishi ramen in an instant noodles package. Salt-flavored ramen is also available for sale.



Hamachidori

Hamachidori is a famous sake brewery in Kamaishi with a 100-year history. Named after its famous brewery, Hamachidori sake is made from 100% local ingredients and is a popular accompaniment to meals. Enjoy its light and smooth taste.



Hamachidori Umeshu

Hamachidori Umeshu is a type of fruit liquor made by soaking Kamaishi-grown plums in locally brewed sake. This umeshu features a light sweetness and a soft taste. It is delicious served straight, on ice, or with hot water.



Hamayuri Ale

Hamayuri Ale was created to support Tohoku recovery. The beer is made using yeast that was harvested from Hamayuri lilies, the official flower of Kamaishi. Although Hamayuri flowers were affected by the earthquake, they rebounded and continue to bloom beautifully, a miracle that brought hope and inspiration to the local residents. This beer features the natural fragrance and sweetness of yeast and malt with the bitterness of hops.



Persimmon Vinegar Cider

This cider is made using a vinegar brewed from Kasshigaki persimmons, a local specialty of Kamaishi. The cider is characterized by a harmonious balance between the subtle sweetness of the persimmons and the sour taste of the vinegar, with a fresh aftertaste.



Fujiyu Soy Sauce

Fujiyu is a famous soy sauce brewer established in 1902 (Meiji 35). Fujiyu soy sauce is perfect for sprinkling on sashimi, tofu, or simmered fish. Bring the taste of the sea to your dining table! The miniature bottles of Fujiyu soy sauce make great gifts.



Postcards

These postcards feature beautiful photographs and colorful illustrations of the festivals and scenery of Kamaishi.

Ayu Bijin

Japanese confectioneries that consist of a fusion of rice-flour Sablé and fragrant Monaka (wafers) in the shape of Ayu (sweetfish) from the local Kashi River.



Juwari Koji Miso Cake

This marble cake contains swirls of Fujiyu koji miso and fragrant walnuts. No added preservatives.

Multipurpose Microfiber Cloth

This microfiber cloth features an illustration of the Hashino Iron Mine and Smelting Site, a UNESCO World Heritage Site from Japan's Meiji Industrial Revolution. Keep this microfiber cloth as a memory of your trip to this World Heritage Site.

Sanriku Kamaishi T-shirt

This T-shirt features high-impact Kanji lettering of the phrases "Iron Men from the North" and "Sanriku Kamaishi", symbols of Kamaishi.



Magnet Clips and Pin Buttons

These magnet clips and pin buttons feature illustrations of Kamaishi traditional performing arts such as Toramaji (tiger dance) and the Tairyobata (big catch flag).



Michi-no-Eki Kamaishi Sennin-toge

Michi-no-Eki Kamaishi Sennin-toge sells dumplings and vegetables, and also offers Kamaishi ramen and Fujiyu soy sauce softserve ice cream.
Address: 7-155-4 Kasshi-cho, Kamaishi Tel: 0193-27-8530
Hours: 9:00 a.m. - 6:00 p.m. (Cafeteria: 10:00 a.m. - 4:00 p.m.)
Closed: December 31 - January 1



Sea Plaza Kamaishi

Sea Plaza Kamaishi is a 1-minute walk from Kamaishi Station. This is a perfect spot to pick out a few souvenirs, including local specialties and products. Sea Plaza Kamaishi also includes an event space and a tourist information center.
Address: 22-1 Suzuko-cho, Kamaishi
Tel: 0193-31-1177 Hours: 9:00 a.m. - 7:00 p.m. Closed: 1st, 3rd, 5th Tuesdays of the month, December 31 - January 1 *Dates of closure may change depending on holidays
Kamaishi Specialty Products Store
Tel: 0193-31-1180 URL: Genki Ichiba http://hamayuri.net



Sun Fish Kamaishi

Sun Fish Kamaishi has several shops that sell freshly-caught seafood and is open from early in the morning. The 2nd floor has several seafood restaurants.
Address: 2-1 Suzuko-cho, Kamaishi Tel: 0193-31-3668
Hours: 1st floor: 7:00 a.m. - 4:00 p.m., 2nd floor: 11:30 a.m. - 3:00 p.m. (reservations required for dinner) Closed: 1st, 3rd, and 5th Wednesdays of the month *May vary from store to store



Hashino Donguri Square

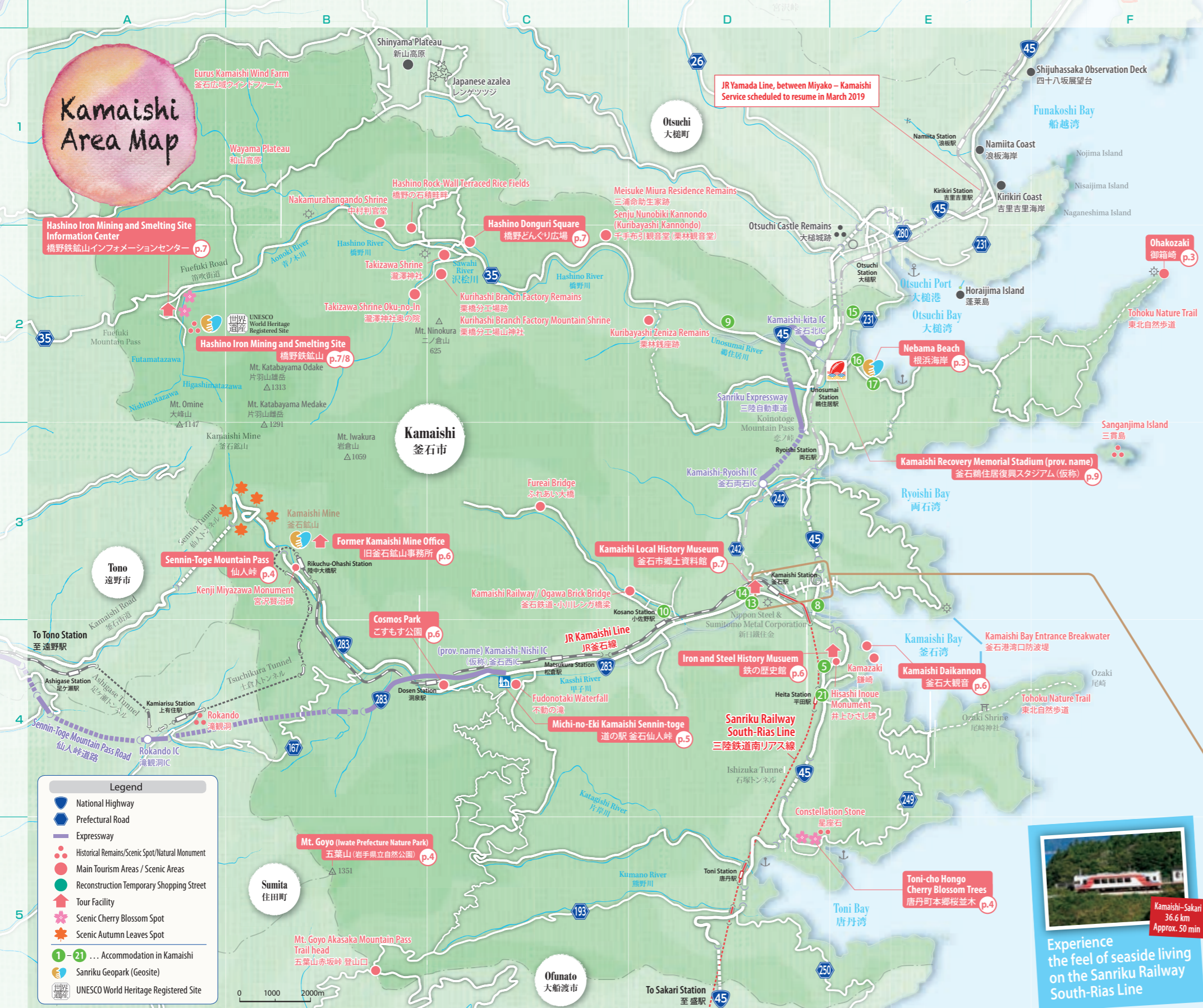
Hashino Donguri Square sells in-season vegetables and mountain vegetables as well as pickles, tofu, and dumplings handmade by local grandmas. Woodworking crafts are also available.
Address: 38-41-1 Hashino-cho, Kamaishi Tel: 0193-57-2650
Hours: 9:00 a.m. - 5:00 p.m. *Varies depending on the season.
Closed: Obon summer holidays, New Year's holidays



Town Port Omachi

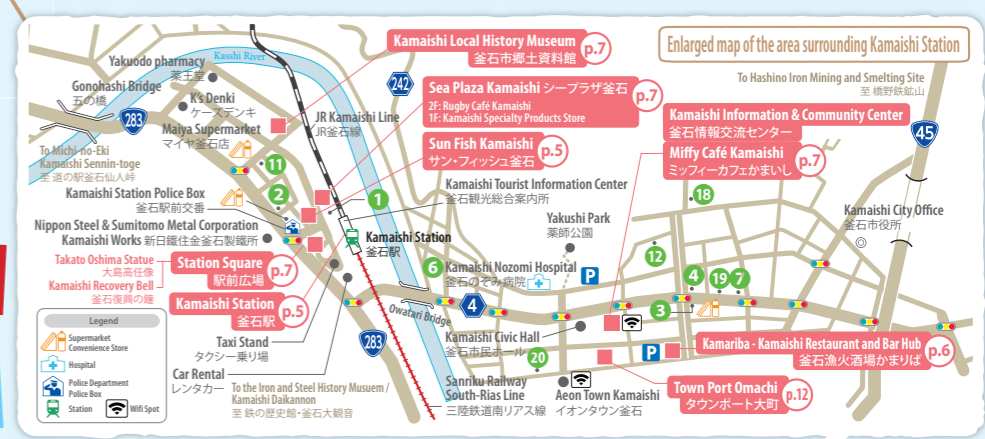
Town Port Omachi is located next to Aeon Town Kamaishi. The facility offers a selection of restaurants and retailers in a lively atmosphere. The wooden deck and lawn are favorite spots for relaxing.
Address: 1-2-10 Omachi, Kamaishi
Tel: 0193-22-3607 (Kamaishi Machizukuri Inc.)

Kamaishi Area Map



Spend the night and enjoy Kamaishi at your own pace Website available in foreign languages

宿泊施設 Accommodation	電話 Telephone	地図番号 Map Number	住所 Address
1 ホテルフォルクローロ三陸釜石 Hotel Folkloro Sanriku Kamaishi	0193-38-5536 HP	MAP D-3 (Enlarged map available)	22-4 Suzuko-cho, Kamaishi
2 釜石ステーションホテル Kamaishi Station Hotel	0193-22-3070	MAP D-3 (Enlarged map available)	4-1 Suzuko-cho, Kamaishi
3 釜石ベイシティホテル Kamaishi Bay City Hotel	0193-22-6611	MAP D-3 (Enlarged map available)	1-8-1 Omachi, Kamaishi
4 ホテルサンルート釜石 Hotel Sunroute Kamaishi	0193-24-3311	MAP D-3 (Enlarged map available)	2-3-3 Omachi, Kamaishi
5 ホテルシーガリアマリン Hotel Seagullea Marine	0193-26-5111	MAP D-4	3-61-22 Heita, Kamaishi
6 ホテルマルエ Hotel Marue	0193-24-3911 HP	MAP D-3 (Enlarged map available)	2-1-10 Owatari-cho, Kamaishi
7 ホテルルートイン釜石 Hotel Route-Inn Kamaishi	050-5847-7701 HP	MAP D-3 (Enlarged map available)	2-5-17 Omachi, Kamaishi
8 陸中海岸グランドホテル Rikuchu Coast Grand Hotel	0193-22-1211 HP	MAP D-3	1-2-3 Minatomachi, Kamaishi
9 ホテルアイルーム釜石鶴住居 Hotel i-room Kamaishi Unosumai	0120-773-040 (reservation center)	MAP D-2	3-9-15 Unosumai-cho, Kamaishi
10 及川旅館 Oikawa Ryokan	0193-23-5474	MAP D-3	1-2-9 Sakuragi-cho, Kamaishi
11 高金旅館 Takakin Ryokan	0193-22-4559	MAP D-3 (Enlarged map available)	6-8 Suzuko-cho, Kamaishi
12 多田旅館 Tada Ryokan	0193-22-3576	MAP D-3 (Enlarged map available)	3-5-15 Omachi, Kamaishi
13 平治旅館 Hiraji Ryokan	0193-23-5805	MAP D-3	1-20-31 Nakazuma-cho, Kamaishi
14 中村旅館 Nakamura Ryokan	0193-23-7527	MAP D-3	2-4-15 Nakazuma-cho, Kamaishi
15 室浜の宿 Murohama no Yado	0193-28-2315	MAP E-2	10-110-1 Katagishi-cho, Kamaishi
16 宝来館 Houraikan Inn	0193-28-2526 HP	MAP E-2	20-93-18 Unosumai-cho, Kamaishi
17 民宿前川 Minshuku Maekawa	0193-28-3869	MAP E-2	222-38-2 Unosumai-cho, Kamaishi
18 釜石パシオン Kamaishi Pension	0193-24-3703	MAP D-3 (Enlarged map available)	1-3-2 Otadogoe-cho, Kamaishi
19 大町パシオン Omachi Pension	0193-22-4788	MAP D-3 (Enlarged map available)	2-5-18 Omachi, Kamaishi
20 大渡パシオン Owatari Pension	0193-22-5525	MAP D-3 (Enlarged map available)	1-5-8 Owatari-cho, Kamaishi
21 平田パシオン Heita Pension	0193-26-6511	MAP D-4	3-69 Heita, Kamaishi



Experience the feel of seaside living on the Sanriku Railway South-Rias Line
Kamaishi-Sakari
36.6 km
Approx. 50 min

Visit by car Area guide

UNESCO World Heritage Sites in Hirazumi/Kamaishi and other sites in southern Iwate

Hirazumi/Motsuji Temple
平泉・毛越寺
Approximate visit time: Approx. 40 min
A historical site within UNESCO World Heritage listed Hirazumi. Jodo Garden, created in the image of paradise, has an aura of solemn beauty.
Tel: 0191-46-2331 Address: 58 Hirazumi Osawa, Hirazumi-cho
Hours: 8:30 a.m. - 5:00 p.m. *From November 5 - March 4, until 4:30 p.m. Closed: Open daily
<http://www.motsuji.or.jp>

Esashi-Fujiwara Heritage Park
えさし藤原の郷
Approximate visit time: Approx. 40 min - 120 min
Esashi-Fujiwara Heritage Park contains replicas of architecture from the ancient times to the Middle Ages. It is also known as a popular location for numerous movies and TV series.
Tel: 0197-35-7791 Address: 86-1 Konamaru, Esashi-ku Iwate, Oshu
Hours: 9:00 a.m. - 5:00 p.m. *From November to February, until 4:00 p.m. Closed: Open daily
<http://www.fujiwaranosato.com>

Hashino Iron Mining and Smelting Site
橋野鉄鉱山
Approximate visit time: Approx. 60 min - 90 min
These properties compose the "Sites of Japan's Meiji Industrial Revolution" UNESCO World Heritage Site. These historical remains give visitors a general understanding of the standard steel manufacturing process.
Tel: 0193-54-5250 Contact: Hashino Iron Mining and Smelting Site Information Center Address: 2-6 Hashino-cho, Kamaishi
Hours: April 1 - December 8:30 a.m. - 4:30 p.m. Closed: December 9 - March 31 (winter season) <http://www.city.kamaishi.iwate.jp/>

Rokando Cave
滝観洞
Approximate visit time: Approx. 90 min
The view of the 29m waterfall falling from the crack in the ceiling is spectacular. Enjoy exploring this limestone cave.
Tel: 0192-48-2756 Contact: Rokando Tourism Center
Address: 298-81 Tsuchikura, Kamiarisu, Sumita-cho
Hours: April - November: 8:30 a.m. - 4:30 p.m., December - March: 8:30 a.m. - 4:00 p.m. Closed: Open daily
<http://rokando.sumita-gayagaya.com/rokando.html>

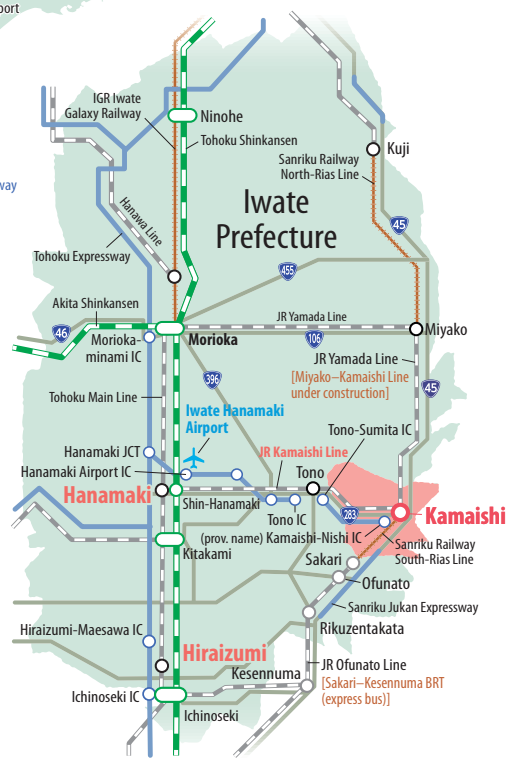
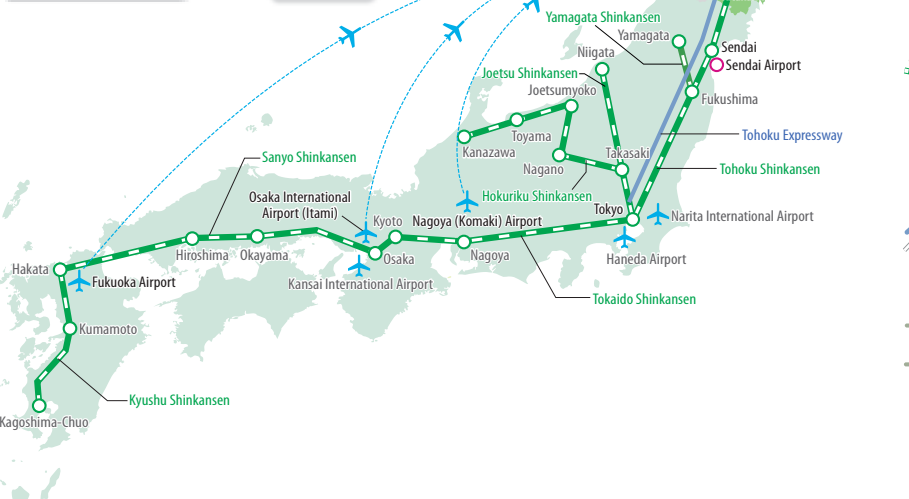
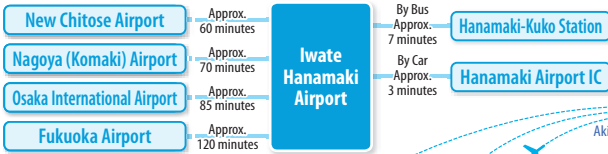
Tono Folktale and Storytelling Center
とおの物語の館
Approximate visit time: Approx. 60 min
Visitors will have fun exploring the world of Tono folktales and storytelling. Listen to storytellers tell legends, and tour old ryokan buildings.
Tel: 0198-62-7887
Address: 2-11 Chuo-dori, Tono
Hours: 9:00 a.m. - 5:00 p.m.
Closed: Open daily (may temporarily close for maintenance)
<http://www.city.tono.iwate.jp/>

Hanamaki Onsen Hot Spring Village
花巻温泉郷
Approximate visit time: Approx. 60 min - 90 min
Hanamaki Onsen Hot Springs features 12 different hot spring facilities scattered throughout the site. The village has many large hotels and a rose garden on site, where you can enjoy a scenic walk.
Tel: 0198-29-4522 (Hanamaki Tourism Association) Contact: Hanamaki Tourism Association Address: 3-183-1 Kuzu, Hanamaki
Hours: 8:30 a.m. - 5:30 p.m. Closed: Saturdays, Sundays, and holidays
<http://www.kanko-hanamaki.ne.jp/>

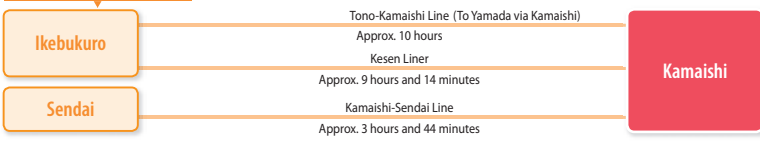


Access to Kamaishi

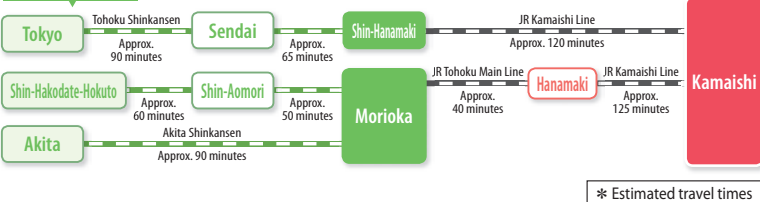
By Airplane



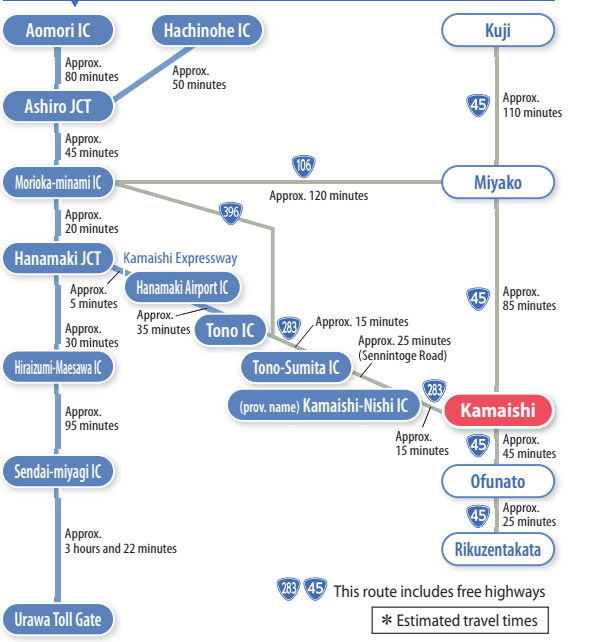
By Highway Bus



By Train



By Car



Tourism Inquiries

Kamaishi City Industrial Promotion Section / Commerce and Tourism Division

3-9-13 Tadakoe-cho, Kamaishi 026-8686
Tel: 0193-27-8421 FAX: 0193-22-2762
Email: kankou@city.kamaishi.iwate.jp

Kamaishi Tourism and Products Association

22-1 Suzuko-cho, Kamaishi 026-0031 (inside Sea Plaza Kamaishi)
Tel: 0193-22-5835 FAX: 0193-31-1166
Email: kamaishi-kankou@taupe.plala.or.jp
Closed: Every second Tuesday

Kamaishi Tourist Information Center

22-4 Suzuko-cho, Kamaishi 026-0031 (Hotel Folkloro Sanriku Kamaishi, 1st floor)
Tel: 0193-22-5835 FAX: 0193-31-1166
Email: kamaishi-kankou@bz04.plala.or.jp
Closed: Every second Wednesday

Kamaishi Tourism Information

Lots of tourism information to make you smile!

Kamarin - Kamaishi's city mascot!

Kama-navi: Kamaishi Complete Tourism Guide

<http://kamaishi-kankou.sakura.ne.jp/wp/>

Iwate / Kamaishi Tourism Guide Digital brochure

<http://www.safekeeping.jp/digibook/kamaishi-e/index.html>

Content with this mark can be viewed as a video or 360 panorama on your smartphone, tablet or computer.

Please download the YouTube app in advance.



The information contained in this guidebook is current as of September 2017.